

## Coach to the Max:

### *use coaching skills to empower those around you*

Coaching can be one of the most powerful ways to develop relationships and performance, both within your organisation and with clients. It is also an ethically sound way to develop relationships with people you work with.

Many people develop coaching skills into a career in itself. However, the same core skills can be understood, learned and practised in the 'Coach to the Max' workshop to help you get the most from your team and your client relationships. You will learn how to build rapport quickly, understand how to use questions effectively, how to listen actively and carefully and some of the best approaches to setting goals and keeping people accountable.